



Kaizen Judo Kwai

- Continuous, never-ending improvement -

Grading policy

At club level, players can be graded up until 2nd Kyu (Blue belt). Players may be graded on a 6 monthly basis subject to the following criteria:

1. Each *kyu* (belt) is subject to a minimum age. A player may only grade if they have reached or will be reaching this age in the year of the grading (See Table 1 below). For example, a player who has already turned 10 in April or will be turning 10 in November may grade for Orange belt in July, however, a player turning 10 in January of the following year may not.
2. The player must have attended more than 60% of all training sessions since the last grading.
3. The player must demonstrate proficiency in the required techniques in the grading syllabus to the satisfaction of the grading master who is properly accredited through Judo South Africa to perform *kyu* gradings.

For older children and seniors, the following concessions apply:

1. Beginners over the age of 11 years (or who turn 11 in the same calendar year as the grading) are eligible, at the grading master's discretion, to grade to yellow belt directly from white i.e. they don't have to grade for junior yellow.
2. Players over the age of 14 years (or who turn 14 in the same calendar year as the grading) are eligible to skip junior yellow, junior orange and junior green belts.

Note that participation in judo competition is **not** a requirement for grading. Also, competitive performance will not allow players to advance through the grades more rapidly than allowed for by the above rules.

Table 1 Minimum ages for each belt

Belt	Minimum age
Junior Yellow belt	7
Yellow belt (5 th Kyu)	8
Junior Orange belt	9
Orange belt (4 th Kyu)	10
Junior Green belt	11
Green belt (3 rd Kyu)	12
Blue belt (2 nd Kyu)	13